

PERSONAL FITNESS TRAINER **ONLINE CERTIFICATION**



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6-8 Months



86 Credits



R 10 700.00



Online



NQF Level 5



Internationally Recognized



The Gym at the Campus - Bryanston

- **Certifications Included:** Fitness Instructor Online (28 credits)
: Personal Fitness Trainer Online (58 credits)
- **Automatic Acceptance into:** Exercise is Medicine Accreditation
- **Bonus Material:** Long Term Athletic Development Webinar
: Hypertension: The Silent Killer
: EIM Benefits and Solutions
- **SETA accredited Full Qualification (CathsSeta).**
- **Recognised and registered with REPSSA (Register of Exercise Professionals South Africa).**