

NATIONAL CERTIFICATE IN FITNESS - ONLINE



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12 Months



137 Credits



R 19 250.00



Online



NQF Level 5



Internationally Recognized

- **Certifications Included:** Fitness Instructor (28 credits)
 - : Personal Fitness Trainer (58 credits)
 - : Bootcamp Online Certification
- **Automatic Acceptance into:** Exercise is Medicine Accreditation
- **Bonus Material:** Long Term Athletic Development Webinar
 - : Hypertension: The Silent Killer
 - : EIM Benefits and Solutions
- **Plus Free:** Fitpro Shirt
 - : Workplace Experience
 - : Complete Hardcopy Manual (For Courier to any address in South Africa)
- **SETA accredited Full Qualification (CathsSeta).**
- **Recognised and registered with REPSSA (Register of Exercise Professionals South Africa).**