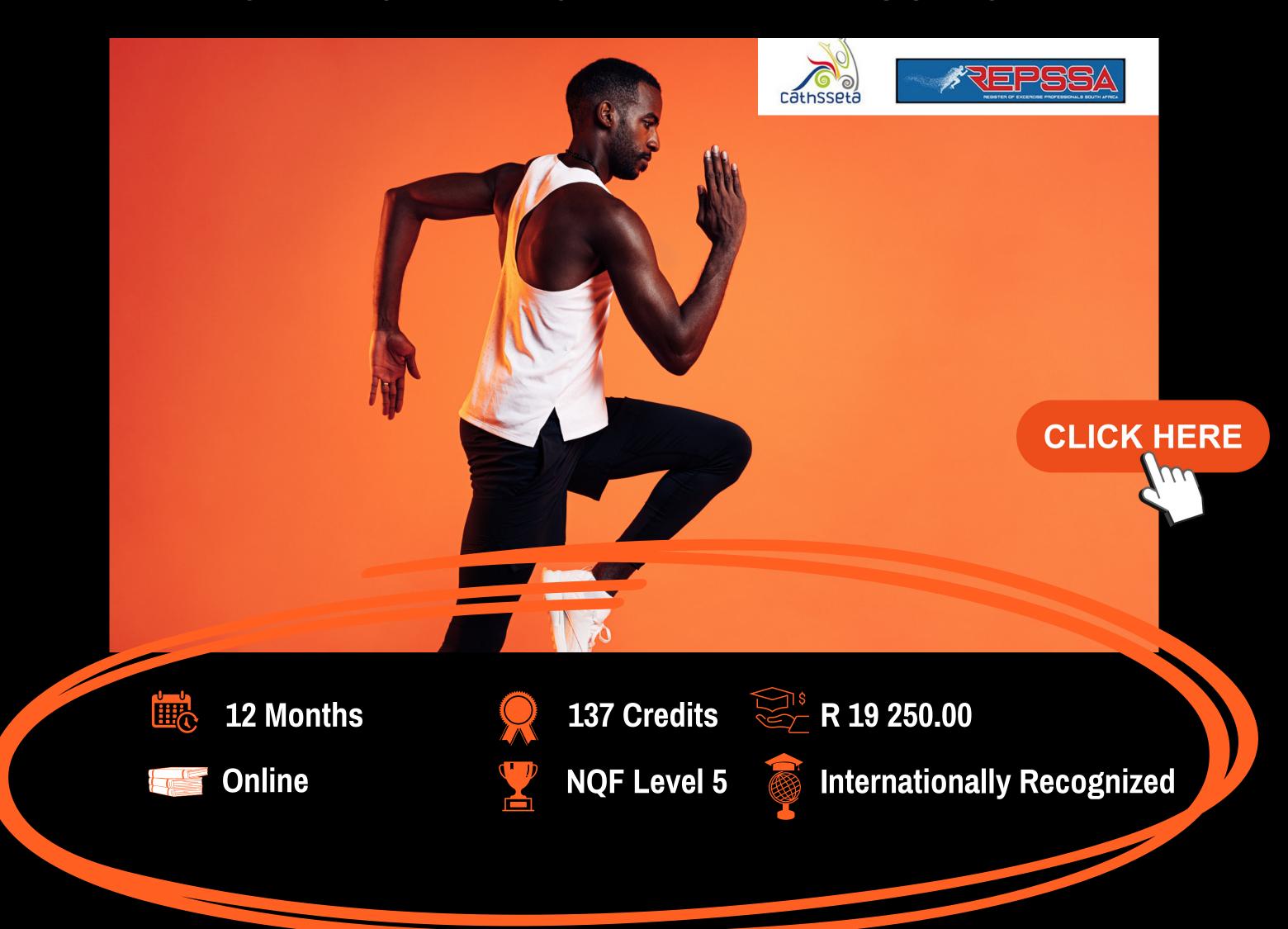


## NATIONAL CERTIFICATE IN FITNESS - ONLINE



Certifications Included: Fitness Instructor (28 credits)

: Personal Fitness Trainer (58 credits)

: Bootcamp Online Certification

• Automatic Acceptance into: Exercise is Medicine Accreditation

• Bonus Material: Long Term Athletic Development Webinar

: Hypertension: The Silent Killer: EIM Benefits and Solutions

• Plus Free: Fitpro Shirt

: Workplace Experience

: Complete Hardcopy Manual (For Courier to any address in South Africa)

• SETA accredited Full Qualification (CathsSeta).

• Recognised and registered with REPSSA (Register of Exercise Professionals South Africa).