

NATIONAL CERTIFICATE IN FITNESS - FULL TIME



12 Months



137 Credits



R 46 545.00



Full Time



NQF Level 5



Internationally Recognized



The Gym at the Campus - Bryanston

- **Certifications Included:** Fitness Instructor (28 credits)
 - : Group Exercise to Music: Aerobics (10 credits)
 - : Personal Fitness Trainer (58 credits)
 - : First Aid Level 1 - Part Time
 - : And Workplace readiness and preparation (41 credits)
- **Automatic Acceptance into:** Exercise is Medicine Accreditation
- **Bonus Material:** Long Term Athletic Development Webinar
 - : Hypertension: The Silent Killer
 - : EIM Benefits and Solutions
- **Plus Free:** Fitpro Shirt
 - : Workplace Experience
 - : Complete Hardcopy Manual
- **SETA accredited Full Qualification (CathsSeta).**
- **Recognised and registered with REPSSA (Register of Exercise Professionals South Africa).**