



2017 YEAR PLANNER – 1st Half

Johannesburg

DATE	CERTIFICATIONS	REGION
1 February	National Certificate: Fitness -Full time	JHB
1 February	Exercise Science -Part Time	JHB
25 February	Sports Massage	JHB
25 February	Pilates Mat	JHB
4 March	Group Exercise Instructor	JHB
29 March	Personal Fitness Trainer	JHB

DATE	CONTINUED EDUCATION	REGION
21 January	Boxing Level 1	JHB
28 January	Sports Conditioning	JHB
4-5 February	Bootcamp workshop	JHB
10 February	Stretching	JHB
11 February	CPR course	JHB
17 February	Assessment Refresher	JHB
18 February	Boxing Level 2	JHB
24 February	Athlete Assessment	JHB

FITPRO® Your Passion. Your Career

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2021

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24 February	Exercise is Medicine 1	JHB
10 March	Exercise is Medicine 2	JHB
11 March	Boxing Level 3	JHB
17 March	Exercise is Medicine 3	JHB

Cape Town

DATE	CERTIFICATIONS	REGION
Online	Exercise Science	Cape Town
Blended	Personal Fitness Trainer Course	Cape Town
TBC	Sports Massage	Cape Town
4-5 March	Exercise & Pregnancy	Cape Town

DATE	CONTINUED EDUCATION	REGION
25 February	Stretching	Cape Town
4-5 March	Bootcamp	Cape Town
TBC	Strapping	Cape Town
TBC	Athlete Assessment	Cape Town

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